Descriptive Pathology of Nerves in Leprosy [1]

Contributing Authors

- Vanaja P

  **Shetty** [2]

- Kinjal D

  **Rambhia** [3]

  MD, Dermatology, Venereology, and Leprosy, DNB, Fellowship in Diagnostic Dermatology
  - Specialty Medical Officer
  - Seth G.S. Medical College and King Edward Memorial Hospital
  - Parel, Mumbai-400 012, Maharashtra
  - India

- Uday S

  **Khopkar** [4]

  MD, Dermatology, Venereology, and Leprosy, DNB, Fellowship in Dermatopathology
  - Professor and Head of Department
History

Leprosy, which is caused by *Mycobacterium leprae* (*M. leprae*) (see Chapter 5.1 [9]), is primarily a disease of peripheral nerves. It is the only mycobacterial disease affecting the peripheral nerves, which are otherwise highly resistant to bacterial invasion. The target of nerve invasion by *M. leprae* is the Schwann cell. Man is the natural host of this infection, but a similar illness is found in the nine-banded armadillo [1]. Most of the disabilities and deformities associated with leprosy are the result of nerve damage.

The involvement of peripheral nerves was first recorded by Danielssen and Boeck in 1848 [2]. In 1873, Hansen discovered the infectious agent that causes leprosy, *M. leprae* [3]. In 1882, Virchow suggested that the peripheral nerve might be the primary seat of infection in leprosy [4]. However, it was Fite who categorically stated that ?to pathologists all leprosy is neural leprosy? [5]. After studying the histology of early skin lesions, Khanolkar concluded that the cutaneous nerves are the earliest to be involved in all forms of leprosy [6]. Dehio and Gerlach proposed that the inflammatory response ascended from the cutaneous nerves to the proximal nerve trunks [7], and the surgical exploration of leprous nerves by Antia et al. further strengthened the idea of disto-proximal spread of *M. leprae* [8].

Structure of a Peripheral Nerve

A peripheral nerve is composed of two types of cells: neurons and Schwann cells (Figure 1A). Peripheral nerves are derived from the embryonic ectoderm [9]. A neuron is comprised of a cell body, dendrites, and axons (Figure 1B). The cell body contains the vital organelles necessary for the sustenance of the neuron. Dendrites are short branches from the cell body that are responsible for the transmission of information to the cell body. The axons are long, tubular extensions from the cell body that transmit electrical signals away from the cell body. Multiple axons grouped together form a single nerve fascicle; several nerve fascicles unite to form a peripheral nerve trunk.
Structure of a nerve
Schwann cells spiral closely around an axon, producing myelin. The myelin forms a lipid-rich sheath that surrounds and protects the axon, increasing the velocity of transmission of electrical signals along its length. The myelin sheath is interrupted along its length by the Nodes of Ranvier, where the myelin sheath of one Schwann cell ends and another begins. An axon covered with protective myelin and individual Schwann cells constitutes a myelinated nerve. When multiple axons are surrounded and embedded in the invaginations of one Schwann cell, they comprise unmyelinated nerves [10]. In unmyelinated nerves, which are enclosed by only a single or a few layers of Schwann cell plasma membrane, the formation of myelin is absent. It is important to note that the Schwann cells of unmyelinated nerves lack lysosomes, which has been postulated as a reason for the presence and survival of a large number of *M. leprae* in unmyelinated nerves [11].

**Histology of a peripheral nerve**

A peripheral nerve is composed of multiple nerve fascicles that are made up of axons. Each fascicle is surrounded by a concentric sheath of cells interspersed with collagen fibrils (Type 1 and Type 2) and elastic fibers. This sheath is termed the ?perineurium?. The innermost layer of the perineurial cells has tight intercellular bridges that maintain the blood-nerve barrier and preserve the endoneurial environment. Multiple nerve fascicles are enclosed within a covering of connective tissue called the ?epineurium?. The epineurium that covers the entire nerve is called the ?epifascicular epineurium?, while the layer separating the different fascicles is called the ?interfascicular epineurium?. The epineurium consists of Type 1 and Type 3 collagen fibrils, fibroblasts, elastic fibers, and mast cells. Vasa nervorum are the blood vessels that comprise arterioles and venules, which carry oxygenated and de-
oxygenated blood to and from the nerves. The lymphatic system is present only in the epineurium; there are no lymphatics in the perineurium or the endoneurium.

Nerve Biopsy

Biopsy of a peripheral nerve is a valuable tool for the diagnosis of leprosy when the clinical examination and the skin biopsy report are inconclusive. A biopsy is of immense value in confirming a diagnosis in cases of pure neural leprosy.

A clinically involved nerve must be selected for the biopsy. The ideal nerve is the sural nerve, although a sensory branch of the radial cutaneous nerve can be biopsied. In more than 90% of patients, the sural nerve is largely a sensory nerve; in the remaining 10% of patients, it contains only a few motor fibers [12]. The sural nerve is commonly involved in leprosy and is easily accessible for surgery. Following the biopsy, a formalin-fixed nerve segment is dissected in 2–4 pieces that are arranged transversely and longitudinally in a paraffin block to cut sections of 3–4 mm thickness [13]. If other neuropathies are also likely, a laboratory specializing in peripheral nerve studies should be consulted prior to biopsy. The laboratory can provide instructions that enable additional specialized procedures, such as teased-nerve studies, to be performed.

Techniques To Examine the Nerve

In addition to routine Hematoxylin and Eosin staining and Fite (acid-fast stain) staining, special techniques may be used to visualize or demonstrate the histopathology of the leprosy-affected nerve.

Semi-thin sections

Resin-embedded one micron thick (semi-thin) cross and longitudinal sections provide a comprehensive and detailed picture of the relevant structures, including axons and myelin sheaths, with better resolution and morphological accuracy than paraffin sections. Toluidine blue and methylene blue azure II stains should be used, as they provide better contrast. The brown paraphenylene-diamine stain that does not fade easily can also be used. The longitudinal semi-thin sections facilitate analysis of the nodes of Ranvier and of adjacent internodes. Longitudinal semi-thin sections may provide a good, although not perfect, alternative to teased-fiber preparations [13].

Transmission electron microscopy (TEM)

Transmission electron microscopy (TEM) of ultrathin sections contrast-enhanced with uranyl acetate and lead citrate help to detect fine structural changes under high resolution.

Teased-fiber technique

The teased-fiber technique is the most useful method for studying peripheral myelinated nerve fibers in their continuity. It is possible to assess the size of myelin segments and visualize the pathologic changes affecting the internodal regions, the paranodal regions, and the axons using this technique [14]. Fiber teasing is performed on pre-stained, proximo-distally oriented portions of peripheral nerves. It is a useful technique for the examination of nerves in leprosy, as segmental demyelination and early stages of Wallerian or secondary axonal degeneration can be recognized in teased fibers.
Pathology of Nerves in Leprosy

The pattern of inflammatory infiltration in the nerve may be classified broadly as

1. Nerves with mainly endoneurial infiltrate
2. Nerves with epineurial infiltrate
3. Nerves with both endo- and epineurial infiltrate

Nerves in Tuberculoid Leprosy

The histopathological hallmark of tuberculoid leprosy is the presence of epithelioid cell granulomas. It is thought that \textit{M. leprae} become lodged in the Schwann cells of the nerves, usually at cooler sites,\cite{15} sites of trauma,\cite{15} or superficial sites of nerve entrapment. These bacilli in the parasitized nerves soon start multiplying, although to a limited extent. Subsequently, the bacterial antigens are exposed and recognized by the host immunity, triggering a granulomatous response (see \textit{Chapter 9.2} \cite{10}). Microscopic examination of the affected nerve in tuberculoid leprosy reveals a well-localized, longitudinal lesion involving one or a few nerve fascicles. The adjacent areas may appear normal.

Severe changes in nerves in tuberculoid leprosy

Figures 2A?2D provide images from a case of borderline tuberculoid leprosy. As depicted in the figures, infiltrating cells comprising well-differentiated groups of epithelioid cells and Langhan?s type of giant cells, surrounded by a large number of lymphocytes, are seen both within and around the involved nerve fascicles (Figures 2B, 2C). Destruction of the nerve parenchyma, including the perineurium and the protective barrier, is apparent in the heavily infiltrated fascicles. These changes are seen in leprosy patients with good cell-mediated immune (CMI) responses (see \textit{Chapter 6.3} \cite{11}). The nerve architecture is disturbed to the extent that some of the fascicles are totally destroyed, whereas others may be only partially involved or may appear to be almost normal (Figure 2A, fascicles A, B, and C).
There is a positive correlation between the extent of inflammatory infiltrate and the destruction of collagen matrix and neural tissue. The presence of thick and folded myelin surrounding atrophied axons and an increase in the number of small, thinly myelinated fibers, suggesting regeneration, have been demonstrated in the periphery of the granuloma [16].

Caseous necrosis is a peculiar feature of granulomatous responses in tuberculoid and borderline tuberculoid neural leprosy [17]. Chandi et al. proposed the term ?segmental necrotizing granulomatous neuritis? (SNGN) for the histopathological finding of caseous necrosis with epithelioid cell granulomas [17] (Figures 2A, 2D). A caseous abscess is usually observed in the major nerve trunks, but it may occasionally be seen in cutaneous nerves arising in a patch [18]. Histologically, there is an amorphous eosinophilic caseous mass composed of degenerated nuclei surrounded by epithelioid cells, giant cells, and lymphocytes. The presence of plasma cells, an indicator of the humoral immune response, is also a conspicuous feature of such lesions (Figure 2D). Antia and Mistry have suggested that a critical proportion of antigen, antibody, and CMI could result in the formation of caseous necrosis [18]. Mycobacterial antigens, instead of intact bacilli, are usually found in these lesions and have been detected in TT and BT nerves by Mshana et al. [19] and Barros et al. [20].

Structural changes elicited through studies of semi-thin sections, TEM, and fiber-tease preparations, along with histopathology, have revealed characteristic features in nerves across the leprosy spectrum.

**Tuberculoid leprosy nerves with mild to moderate changes**

Microscopic examination of the affected nerve in tuberculoid leprosy reveals the presence of sub-perineural edema. A few fascicles, or part of a fascicle, may show infiltration with epithelioid cells and lymphocytes. If bacilli are present, they are seen in the Schwann cells of nerve lesions. Fiber density may be markedly reduced in the affected fascicle and may be normal in the uninvolved fascicles [21]. Quantitatively, there is an increase in very small myelinated fibers of less than 3µ in diameter. Groups of fibers with extensive demyelination are seen in close association with aggregates of inflammatory cells, suggesting that localized primary demyelination occurs in areas of active cellular infiltration [21].
Studies by Shetty et al. [22] have suggested that demyelination is the prime mode of nerve involvement. Two different mechanisms lead to demyelination:

1. Primary demyelination, which occurs in areas of acute infiltration.
2. Secondary demyelination, following axonal atrophy (absent inflammatory infiltrate), affecting nerves away from the inflammatory foci [23].

Perineurial changes in tuberculoid nerves

Infiltration of the perineurium leads to the loss of perineurial cell junctions and basal lamina. In cases of gross infiltration, identification of the perineurial cells is difficult as they assume a fibroblast-like appearance. Multilayering of perineurial cells is not common in TT-BT nerves [21].

Blood vessels

In active tuberculoid lesions, there is an increase in vascularity, obliteration of the lumen due to swollen endothelial cells bulging into the lumen, and marked reduplication of the endothelial basement membrane. Mycobacteria are seldom seen in endothelial cells or pericytes in tuberculoid leprosy nerves. Rarely, bacillemia has been reported in the tuberculoid form of leprosy [24].

Nerves in Lepromatous Leprosy (BL to LL)

Nerve lesions in lepromatous leprosy (LL) are characterized by uninhibited multiplication of bacteria, predominantly in the Schwann cells, as a result of a lack of efficient CMI (see Chapters 6.2 [12]; Chapter 6.3 [11]) against M. leprae. In BL-LL leprosy, there is focal, diffuse involvement of nerves. However, the general architecture of the nerves remains better preserved despite a heavy bacterial presence, in keeping with the very low toxicity of the pathogen and the symbiotic relationship it enjoys with the host. Microscopic features of BL and sub polar lepromatous leprosy (LLs) are depicted in Figures 3A–3G.

Histopathological characteristic features of nerve lesions in BL leprosy include a predominance of macrophage infiltrates, a good number of plasma cells, and scanty, mostly dispersed, lymphocytes. The further a lesion is toward the polar lepromatous end of the spectrum, the fewer the lymphocytes. A reduction in nerve fiber density and a proportionate increase in intraneural collagen may be seen.

In BL leprosy, there may be variations in the extent of bacillation and infiltration between the fascicles of an involved nerve (Figures 3A, 3B, 3C). The bacillary proliferation occurs primarily in the Schwann cells, but also in the macrophages (such as in the skin, where they are commonly found in the macrophages). The bacilli are arranged parallel to the long axis of the nerve within the Schwann cells (Figure 3G). In the early stages of a lesion, histiocytes and foci of lymphocytic infiltrates may be seen in the peri-vascular areas (Figures 3B, 3F). In chronic or long-standing lesions, they are randomly distributed and macrophages assume foamy cytoplasmic changes (Figures 3D, 3E).

The presence of plasma cells is also a characteristic feature of BL-LL lesions. Occasionally, mast cells are also seen in these nerves. While the presence of histiocytes is a sign of active and recent onset infection, foamy macrophages indicate a chronic or long-standing infection. The perineurial proliferation, or multilayering, is a common feature in lepromatous leprosy (BL-LL) and gives an onion skin appearance. In the chronic stage, foamy macrophages are also found in between and around the perineurium (Figure 4A, 4B).

Epithelioid cells are never found in the lepromatous pole. The presence of epithelioid cells in resolved lepromatous
leprosy indicates an upgrading reaction. Similarly, a nerve abscess is rarely found in lepromatous leprosy [25].
Nerves in lepromatous leprosy (LL)

Polar lepromatous leprosy (LL) is characterized by firm, cord-like thickening, which is the result of extensive fibrosis. Histopathologically, there is extensive nerve fiber loss with a concomitant increase in endoneurial collagen. Infiltration with foamy macrophages and an absence of lymphocytes are prominent features. The perineurium may be thick and extensively multilayered. The subperineurial area may contain a granular proteinaceous matrix and pockets of collagen. Numerous bacilli are seen in the foamy macrophages and Schwann cells are frequently packed in clusters or bundles (Figure 3G). In the absence of any infiltrating cells, it is not uncommon to find Schwann cells loaded with bacilli in a clinically cord-like (fibrotic) nerve from an untreated polar lepromatous (LLp) case.

Lepromatous leprosy with mild to moderate changes

In patients with LL, the nerves may be clinically normal or asymptomatic for a long period of time, even though they may be microscopically involved. In such cases, there is minimal or no cellular infiltrate but a very high bacterial load, especially in the Schwann cells. In addition to the mycobacterial positivity, there may be mild perivascular infiltrate involving the endoneurial and epineurial regions with minimal vascular dilatation. Studies have revealed that in early LL lesions, there is significant reduction in the density of unmyelinated nerve fibers. Although the density of myelinated nerve fibers may be normal or slightly reduced, these fibers show a reduction in the axon caliber and a change in the axon to myelin thickness ratio (g ratio), which suggests axonal atrophy. Hence, early in the evolution of such cases a nerve biopsy is an important method for arriving at the diagnosis.
Mid Borderline Leprosy Nerves (BB)

Mid borderline leprosy is an immunologically unstable type of leprosy. It has better CMI than BL, and a higher bacterial load as compared to BT, making this type more prone to acute reactional states. Nerve involvement or damage is more diffuse than in BT and TT lesions. Heavy infiltration of lymphocytes and multinucleated giant cells, if present, suggests a Type 1 reaction, whereas dense aggregates of lymphocytes in the peri-vascular areas suggest an influx of recent origin and an impending Type 1 reaction (Figure 5).
Pure Neuritic Lesions

Pure neuritic leprosy is not categorized separately in the Ridley-Jopling classification system. This type of leprosy, once exclusive to India [27], is now found everywhere, although in only a small percentage of patients [28]. Matrix metalloproteinases (MMPs) and tumor necrosis factor alpha (TNF-alpha) play important and related roles in the pathogenesis of nerve injury in this type of leprosy [26]. A histopathology of pure neural lesions reveals a spectrum ranging from tuberculoid to borderline lepromatous type [29, 30]. There have been no reports of sub-polar or polar lepromatous leprosy in neuritic leprosy so far.

Early nerve lesions

There is evidence of pathological change and the presence of bacilli in the nerves of leprosy patients along the spectrum as well as in familial contacts without any clinical evidence of leprosy [31].

Early tuberculoid lesions

In an early tuberculoid lesion, there is a zone of marked sub-perineurial edema that leads to a net increase in the total fascicular area [32]. This zone comprises proteinaceous granular matrix interspersed with small pockets of collagen. Occasionally, there may be a few abnormalities, such as thinly myelinated nerve fibers, atrophied axons and unusually small myelinated fibers, a loss of fibers, or the presence of unusual fiber complexes. Additionally, a few macrophages and fibroblasts may be found in the endoneurium. These changes reflect the slowly progressive nature of a leprosy infection.

Regressing nerve lesions

The spontaneous regression of early skin lesions is known to occur, especially in the tuberculoid spectrum [33]. Post-treatment, the nerve lesions of leprosy show histological features of healing and repair that are comparable with a regenerating peripheral nerve injury [34]. In addition, telltale evidence of non-specific chronic inflammation comprised of lymphocytes or macrophages, depending on the type of leprosy, persists for years. It is important to note that in a
regressing nerve lesion, there is evidence of nerve regeneration and ongoing pathology in the form of inflammation and the presence of *M. leprae* (dead or alive.) The neural structures may be replaced with collagen. This fibrosis develops slowly, over several years (Figure 6). Pyknotic ill-defined cells in between the perineurial cells at the sub-perineurial zone, the perivascular zone, and the endoneurium have been described in nerve biopsies obtained ten years after treatment concluded [35]. These features are helpful in ascertaining and arriving at a differential diagnosis.

Regressing BL-LL nerve lesions

In regressing BL-LL nerve lesions, large numbers of non-solid acid-fast bacilli may be present in the Schwann cells and foamy macrophages, with a tendency to localize around the blood vessels. The presence of perineurial septa, compartmentalization of the endoneurium (mini fascicle formation), and thickening of the perineurium, with the number of perineurial lamellae increasing to double or quadruple, are fairly common. Axonal atrophy and a large number of regenerating fibers have been found in patients receiving multi-drug therapy (MDT) [36].

Pathology of Nerves in Reactions

Reactions (see Chapter 2.2 [13]) in leprosy are periodic episodes of acute inflammation caused by the response of the immune system to the invasion of skin or nervous tissue by *M. leprae*. Based on the underlying immune mechanisms, the reactions in leprosy are classified as Type 1 or Type 2. These reactions occur frequently in leprosy, and they cause considerable, severe, and, at times, extensive nerve damage.

Type 1 Reaction

A Type 1 reaction (see Chapter 2.2 [13]), also referred to as a reversal reaction, occurs in borderline cases. According to the Coombs and Gell immunologic classification system, it is a type 4 hypersensitivity, or a delayed
hypersensitivity type of reaction [37]. A large influx of lymphocytes within and around the nerve, along with extensive edema, is the hallmark feature of nerves in a Type 1 reaction. A total loss of blood, nerve, and perineurial barriers result in a fuzzy and watery appearance to the nerve (Figure 7). Damage to nerve fibers is severe at the sites of reaction, possibly due to the release of large quantities of proteolytic enzymes.

Type 2 Reaction

A Type 2 reaction (see Chapter 2.2 [13]), also known as Erythema Nodosum Leprosum (ENL), occurs in borderline lepromatous (BL) and lepromatous leprosy (LL), where the bacillary load is high. ENL is characterized by edema, an influx of polymorphonuclear infiltrate accompanied by localized areas of breakdown of foamy cells and connective tissue. Eosinophils, mast cells, and vasculitis may also be seen. Occasionally, fibrinoid degeneration in the arteriole along with leucocytoclasia may be seen in the epineurial, perineurial, or endoneurial vasculature. A common site for fibrinoid degeneration is the area where vessels pierce the inner layer of the perineurium. Microscopic or hot abscesses may be formed when the foci of acute inflammatory infiltrate surrounding arteritic lesions coalesce. In the resolution phase, the neutrophils are replaced by lymphocytes and plasma cells, whereas the endoneurial elements are destroyed and fibrosis occurs.

Bacillary Load

Various studies of semi-quantitative analyses of bacterial load in multibacillary nerves have revealed maximum infection in the Schwann cells of non-myelinated fibers (BI = 4 to >6+ in all nerves), followed by macrophages (BI = 2 to 6+ in all nerves), perineurial cells (BI = 2 to 3+ in 80 percent of the nerves), and endothelial cells (BI = 2 to 3+ in 50 percent of the nerves) [38]. The bacterial load in Schwann cells of myelinated fibers formed a very minor component (BI = 1 to 2+ in 20 percent of the nerves), while the presence of bacilli in the axons was rare and could be considered a pathophysiological spillover [38]. Boddingius has postulated that the axons do not play a major role in bacterial dissemination [39].

Silent Neuropathy
Silent neuropathy (see Chapter 2.5 [14]) is defined as sensory or motor impairment in leprosy without the skin signs of a Type 1 or Type 2 reaction, without evident nerve tenderness, and without spontaneous complaints of nerve pain (burning or shooting pain), paraesthesia, or numbness. The possible mechanisms (see Chapter 9.2 [10]) by which nerves are damaged, leading to silent neuropathy, are Schwann cell pathology, nerve fibrosis, a CMI reaction, and an intraneural Type 2 reaction [40].

Conclusion

Neural involvement is the hallmark of leprosy. The histopathology of nerves in leprosy is studied relatively little as compared to its cutaneous counterpart. Nevertheless, leprosy neuropathy is one of the most studied peripheral neuropathies. It is probably the only disorder of the nervous system that has drawn the attention of anatomists, surgeons, pathologists, immunologists, clinicians, and researchers alike, with each making an immense contribution towards understanding its devastating effect.

The spectrum of immuno-pathological features that are seen and described in skin lesions are reflected in leprosy-affected nerves. The difference lies in the structure of a nerve. Nerves are equipped with different levels of protective barriers, but lack the lymphatics that guard against an invasion of infiltrating cells, thereby forming an environment that is conducive for bacterial proliferation. The study of the pathology of nerves in leprosy provides an exceptional view of the response when the immune system is ineffective, when it is in a state of balance (no reaction), and when it is in a state of imbalance (reaction).

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Footnotes


